

# Compliance Document for New Zealand Building Code Internal Moisture Clause E3 Second Edition

Amend 3 October 2004

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## Status of Compliance Documents

Compliance Documents are prepared by the Department of Building and Housing in accordance with section 22 of the Building Act 2004. They are non-mandatory guidance documents offering only one method of compliance with specific performance criteria of the New Zealand Building Code.

Users should make themselves familiar with the preface to the New Zealand Building Code Handbook, which describes the status of Compliance Documents and explains alternative methods of achieving compliance.

Classified uses and defined words italicised in the text are explained in clauses A1 and A2 of the New Zealand Building Code.

### E3: Document History

	Date	Alterations
First published	July 1992	
Amendment 1	September 1993	p. 7, 3.1.2
Second edition	28 February 1998	Document revised – second edition issued
Amendment 2	1 July 2001	p. 2, Document History, Status p. 9, Definitions
Amendment 3	14 October 2004	pp. 3 and 4 Code Clause

Note:  
Page numbers relate to the document at the time of Amendment and may not match page numbers in current document.

### Document Status

The most recent version of this document, as detailed in the Document History, is approved by the Department of Building and Housing. It is effective from 14 October 2004 and supercedes all previous versions of this document.

# New Zealand Building Code

## Clause E3 Internal Moisture

This Clause is extracted from the New Zealand Building Code contained in the First Schedule of the Building Regulations 1992.

<b>FIRST SCHEDULE—continued</b>		
<b>Clause E3—INTERNAL MOISTURE</b>		
	<b>Provisions</b>	<b>Limits on application</b>
	<p><b>OBJECTIVE</b></p> <p><b>E3.1</b> The objective of this provision is to—</p> <ul style="list-style-type: none"> <li>(a) Safeguard people against illness, injury, or loss of <b>amenity</b> that could result from the accumulation of internal moisture; and</li> <li>(b) Protect <b>household units</b> and <b>other property</b> from damage caused by free water from another <b>household unit</b> in the same <b>building</b></li> </ul>	
Amend 3 Oct 2004		
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Amend 3 Oct 2004		
	<p><b>FUNCTIONAL REQUIREMENT</b></p> <p><b>E3.2 Buildings</b> must be constructed to avoid the likelihood of—</p> <ul style="list-style-type: none"> <li>(a) Fungal growth or the accumulation of <b>contaminants</b> on linings and other <b>building elements</b>; and</li> <li>(b) Free water overflow penetrating to an adjoining <b>household unit</b>; and</li> <li>(c) Damage to <b>building elements</b> being caused by the presence of moisture.</li> </ul>	
Amend 3 Oct 2004		
	<p><b>PERFORMANCE</b></p> <p><b>E3.3.1</b> An <b>adequate</b> combination of <b>thermal resistance</b>, ventilation, and space temperature must be provided to all <b>habitable spaces</b>, bathrooms, laundries, and other spaces where moisture may be generated or may accumulate.</p> <p><b>E3.3.2</b> Freewater from accidental overflow from <b>sanitary fixtures</b> or <b>sanitary appliances</b> must be disposed of in a way that avoids loss of <b>amenity</b> or damage to <b>household units</b> or <b>other property</b>.</p> <p><b>E3.3.3</b> Floor surfaces of any space containing <b>sanitary fixtures</b> or <b>sanitary appliances</b> must be <b>impervious</b> and easily cleaned.</p>	<p>Performance E3.3.1 does not apply to <b>Communal Non-residential, Commercial, Industrial, Outbuildings</b> or <b>Ancillary buildings</b>.</p>
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**FIRST SCHEDULE—continued****Provisions**

**E3.3.4** Wall surfaces adjacent to **sanitary fixtures** or **sanitary appliances** must be **impervious** and easily cleaned.

**E3.3.5** Surfaces of **building elements** likely to be splashed or become contaminated in the course of the **intended use** of the **building** must be **impervious** and easily cleaned.

**E3.3.6** Surfaces of **building elements** likely to be splashed must be constructed in a way that prevents water splash from penetrating behind linings or into **concealed spaces**.

**Limits on application**

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Oct 2004

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# References

For the purposes of New Zealand Building Code compliance, referenced documents shall be deemed to include any amendments issued prior to the date of the Approved Document as displayed at the foot of the page on which the references are listed.

## Standards New Zealand

NZS 4214: 1977 Methods of determining the total thermal resistance of parts of buildings

## American Society for Testing and Materials

ASTM C236: 1989 Standard test for steady state thermal performance of building assemblies by means of a guarded hot box

## Building Research Association of New Zealand

BRANZ House Insulation Guide: 1995

## Where quoted

AS1 Definitions,  
1.1.2

AS1 1.1.2

AS1 1.1.3



# Definitions

This is an abbreviated list of definitions for words or terms particularly relevant to this Approved Document. These definitions for any other italicised words may be found in the New Zealand Building Code Handbook.

**Adequate** Adequate to achieve the objectives of the building code.

**Building** has the meaning ascribed to it by the Building Act 1991.

**Building element** Any structural and non-structural component or assembly incorporated into or associated with a building. Included are fixtures, services, drains, permanent mechanical installations for access, glazing, partitions, ceilings and temporary supports.

**Concealed space** Any part of the space within a building that cannot be seen from an occupied space.

#### COMMENT:

This term includes any ceiling space, roof space, space under a raised floor (such as computer rooms, floors, or stages), plenums, spaces under a tiered floor, "left-over spaces" created when some structural element or the like has been covered in; small service or duct spaces within the volume of a firecell and the like, but not a protected shaft.

**Construct** in relation to a building, includes to build, erect, prefabricate, and relocate; and **construction** has a corresponding meaning.

**Fixture** An article intended to remain permanently attached to and form part of a building.

**Floor waste** An outlet located at the low point of a graded floor or in a level floor designed to receive accidental or intentional discharges.

**Habitable space** A space used for activities normally associated with domestic living, but excludes any bathroom, laundry, water-closet, pantry, walk-in wardrobe, corridor, hallway, lobby, clothes-drying room, or other space of a specialised nature occupied neither frequently nor for extended periods.

**Household unit** means any building or group of buildings, or part of any building or group of buildings, used or intended to be used solely or principally for residential purposes and occupied or intended to be occupied exclusively as the home or residence of not more than one household; but does not include a hostel or boardinghouse or other specialised accommodation.

**Impervious** That which does not allow the passage of moisture.

**Insulating material** A material that has a thermal conductivity of less than 0.07 W/mK.

**Intended use** of a building includes:

- a) Any reasonably foreseeable occasional other use that is not incompatible with the intended use; and
- b) Normal maintenance; and
- c) Activities taken in response to fire or any other reasonably foreseeable emergency – but does not include any other maintenance and repairs or rebuilding.

**People with disabilities** means any person who suffers from physical or mental disability to such a degree that he or she is seriously limited in the extent to which he or she can engage in the activities, pursuits, and the processes of everyday life.

**Plumbing system** Pipes, joints and fittings laid above ground and used for the conveyance of foul water to the foul water drain, and includes vent pipes.

**R-value** The common abbreviation for describing the values of both thermal resistance and total thermal resistance.

**Sanitary fixture** Any fixture which is intended to be used for sanitation.

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July 2001

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Jul 2001

**Sanitation** The term used to describe the activities of washing and/or excretion carried out in a manner or condition such that the effect on health is minimised, with regard to dirt and infection.

**Thermal resistance** The resistance to heat flow of a given component of a building element. It is equal to the temperature difference ( $^{\circ}\text{C}$ ) needed to produce unit heat flux ( $\text{W}/\text{m}^2$ ) through unit area ( $\text{m}^2$ ) under steady conditions. The units are  $^{\circ}\text{Cm}^2/\text{W}$ .

**Total thermal resistance** The overall air-to-air thermal resistance across all components of a building element such as a wall, roof or floor. (This includes the surface resistances which may vary with environmental changes, e.g. temperature and humidity, but for most purposes can be regarded as having standard values as given in NZS 4214.)

# Verification Method E3/VM1

No specific methods have been adopted for verifying compliance with the Performance of NZBC E3.



# Acceptable Solution E3/AS1

## 1.0 Prevention of Fungal Growth

**1.0.1** Fungal growth (mildew) is avoided by minimising internal condensation.

Condensation is avoided or reduced by maintaining the correct balance between interior temperature and ventilation. Insulation assists in maintaining interior temperatures at a suitable level.

**1.0.2** The New Zealand Building Code does not specify minimum heating requirements except for old people's homes and early childhood centres. Occupants will determine their own methods and levels of heating. Typically it is necessary and sufficient, for condensation control in winter, to keep interior temperatures 5°C to 7°C above exterior temperatures in a ventilated space.

## 1.1 Thermal resistance

**1.1.1** R-values for walls, roofs and ceilings shall be no less than:

- a) For light timber frame wall or other framed wall constructions with cavities, 1.5.
- b) For single skin normal weight masonry based wall construction without a cavity, 0.6.
- c) For solid timber wall systems no less than 60 mm thick, 0.6.
- d) For roof or ceilings of any construction, 1.5.

**1.1.2** R-values shall be determined using the methods in NZS 4214 or ASTM C236. Laboratory test samples shall be truly representative of the wall, roof or ceiling system, including any provision for reducing thermal bridging.

### 1.1.3 Materials and installation

The BRANZ House Insulation Guide provides examples of acceptable wall, roof and ceiling constructions to satisfy the requirements of Paragraph 1.1.1.

#### COMMENT:

The BRANZ House Insulation Guide gives constructions for a range of R-values. It is essential to choose the correct R-values from these shown in the tables in order to comply with this Acceptable Solution.

**1.1.4** For the construction to be acceptable:

- a) Building paper shall extend from the upper side of the top plate to the underside of the bearers or wall plates supporting the ground floor joists.
- b) Insulated cavities shall be enclosed with no ventilation.
- c) There shall be no perimeter gaps between the insulating material and the framing members.
- d) Where steel studs are used, a thermal break shall be provided for each steel member. Wood fibre insulating board or expanded polystyrene (EPS) strips, 12 mm minimum thick and fixed directly behind the external cladding provide an effective thermal break.
- e) If foil insulation is used it must be placed on the lining side of studs, not the cladding side.

#### COMMENT:

1. Frame construction with 9.0 mm plaster board linings and a single layer of foil has an R-value of approximately 0.9 and does not satisfy Paragraph 1.1.1.
2. Surface condensation can be a problem where vapour barriers are needed for buildings enclosing very warm or wet areas such as spa pools, saunas and swimming pools, or buildings in a very cold environment such as ski lodges and mountain huts. These situations are not covered by this acceptable solution and require specific design.

### 1.1.5 Insulation for energy efficiency

Insulation satisfying the energy efficiency requirements of NZBC H1 cannot automatically be assumed to meet the R-values for internal moisture requirements of Paragraph 1.1.1.

#### COMMENT:

Insulation to prevent condensation relates to thermal resistance of the building element in question (e.g. wall or roof). Insulation for energy efficiency relates to the building as a whole, and the requirement can be met in different ways. It is possible, for example, to obtain sufficient energy efficiency in a building by heavily insulating the floor and ceiling with no insulation in the walls. This would not satisfy the requirement for this acceptable solution because there would not be sufficient insulation in the walls to minimise condensation.

## 1.2 Ventilation

**1.2.1** Ventilation shall be provided naturally or mechanically to comply with G4/AS1.

## 1.3 Condensation control

**1.3.1** In buildings classified as Housing or Communal residential which are not air conditioned, metal-framed windows with single glazing shall be constructed with a means of condensation disposal. An acceptable method is the provision of a condensation collection channel which, either discharges the water to the outside or is of sufficient capacity to hold the water, without overflowing, until it evaporates.

**1.3.2** Condensation channels shall have closed ends and no openings which permit ponded water to contact building elements susceptible to moisture. Where provision is made for drainage to the outside, drainage outlets shall have the capacity to expel all condensed water and shall have means of preventing condensed water from being blown back by wind pressure.

**1.3.3** Condensation channels and drainage outlets shall be able to be cleaned. The minimum clear dimensions of collection channels shall be 10 mm wide by 5 mm deep.

### COMMENT:

1. Condensation can be reduced by good ventilation. Windows incorporating passive ventilators, particularly those with full perimeter ventilation, are effective in reducing condensation.
2. While a 10 mm condensation channel width is normally adequate to prevent overflowing, it is awkward to clean adequately. A more practical width is 20 mm.

## 2.0 Overflow

**2.0.1** If a sanitary fixture is located where accidental overflow could damage an adjoining household unit, containment and a floor waste shall be provided.

## 2.1 Containment

**2.1.1** Containment may be achieved by using

impervious floor coverings which are continuous and coved or joints sealed where they meet the wall. (See Figure 1.)

## 2.2 Floor wastes

**2.2.1** Floor wastes shall comply with G13/AS1 Paragraph 3.4.3 c), but a graded floor is not essential in this situation.

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Jul 2001

## 3.0 Watersplash

### 3.1 Lining materials

#### 3.1.1 Floors

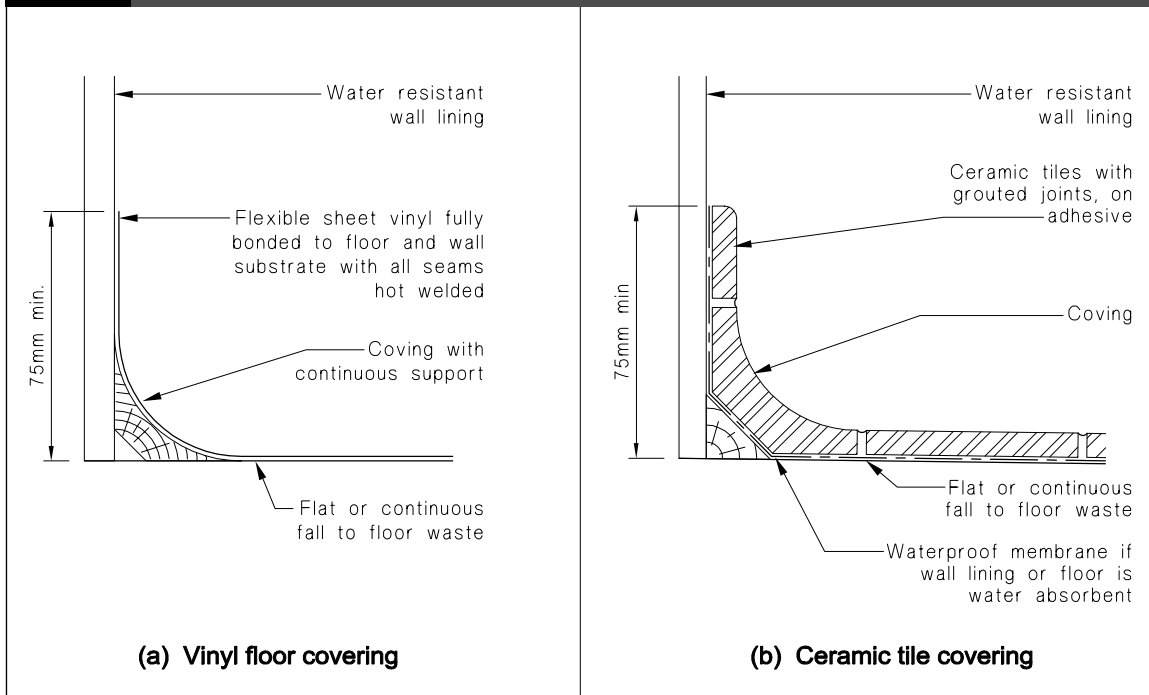
The following linings and finishes to floors satisfy the performance for impervious and easily cleaned surfaces in areas exposed to watersplash:

- a) Integrally waterproof sheet material (e.g. polyvinylchloride) with sealed joints.
- b) Ceramic or stone tiles having 6% maximum water absorption, waterproof grouted joints, and bedded with an adhesive specified by the tile manufacturer as being suitable for the tiles, substrate material and the environment of use.
- c) Cement based solid plaster or concrete having a steel trowel or polished finish, (semi-gloss or gloss paint must be used if a paint finish is required).
- d) Cork tile or sheet sealed with waterproof applied coatings and with sealed joints.
- e) Monolithic applied coatings having a polished non-absorbent finish (e.g. terrazzo).
- f) A timber or timber based product such as particleboard sealed with waterproof applied coatings.

### COMMENT:

In domestic situations where the bathroom is used mainly by adults, carpet may be acceptable provided it is laid over an impervious surface. In these circumstances a particleboard floor finished with three coats of polyurethane would be considered impervious.

**Figure 1: Floor Coverings at Wall Junctions**  
Paragraph 2.1.1



### 3.1.2 Walls

The following linings and finishes to walls satisfy the performance for impervious and easily cleaned surfaces in areas exposed to watersplash:

- a) Integrally waterproof sheet material (e.g. polyvinylchloride) with sealed joints.
- b) Ceramic or stone tiles having 6% maximum water absorption, waterproof grouted joints, and bedded with an adhesive specified by the tile manufacturer as being suitable for the tiles, substrate material and the environment of use.
- c) Cement based solid plaster or concrete having a steel trowel or polished finish (semi-gloss or gloss paint must be used if a paint finish is required).
- d) Cork tile or sheet sealed with waterproof applied coatings.
- e) Monolithic applied coatings having a polished non-absorbent finish (e.g. terrazzo).

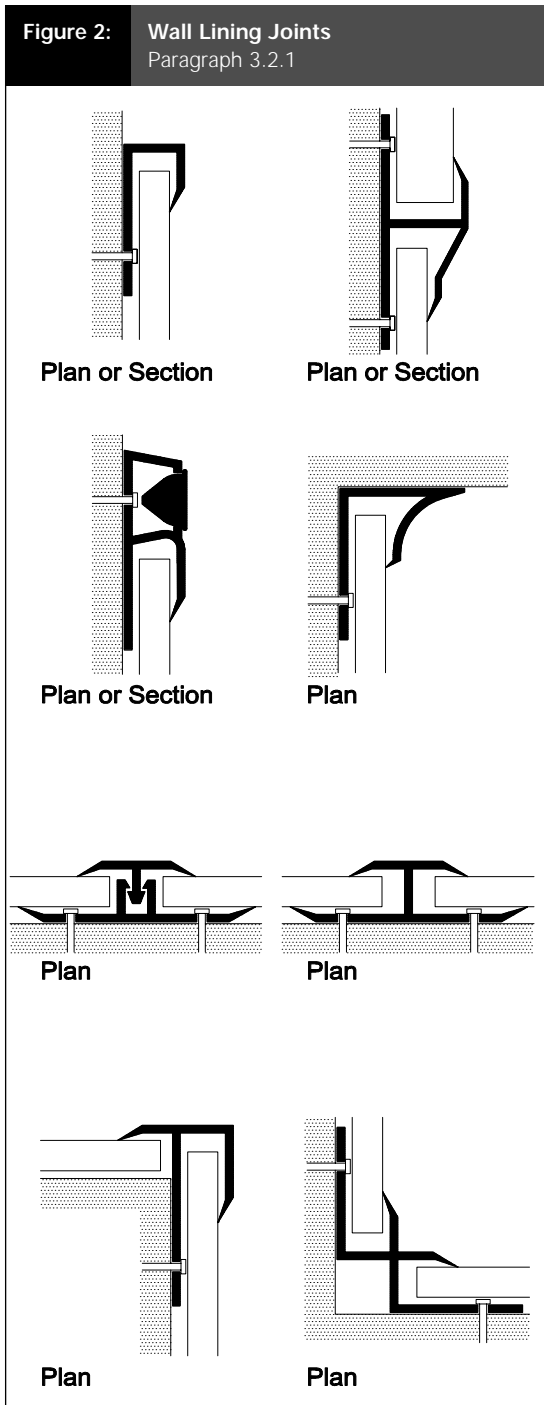
- f) Sheet linings finished with vinyl coated wallpaper, or semi-gloss or gloss coating.
- g) Water resistant sheet linings finished with decorative high pressure laminate or factory applied polyurethane or resin.
- h) Modular or multiple lining units which are themselves impervious and easily cleaned, and are installed with impervious joints.
- i) Timber or timber based products such as particleboard sealed with waterproof applied coatings.

## 3.2 Joints

### 3.2.1 Linings

Where walls and ceilings to sanitary rooms are lined with modular or multiple lining sheets (see Figure 2), the lining system shall:

- a) Have impervious joints, or
- b) Be fixed over an impervious substrate.



### 3.2.2 Joints between fixtures and wall linings

Where baths, basins, tubs or sinks abut impervious linings, the joint between fixture and lining shall be sealed to prevent water penetration to concealed spaces or behind linings. (See Figures 3 (a) and (b).)

## 3.3 Showers and urinals

### 3.3.1 Showers

All shower spaces shall have impervious floor and wall finishes. Lining materials and finishes listed in Paragraphs 3.1.1 and 3.1.2 satisfy this requirement except that within shower enclosures or a 1500 mm horizontal radius from the shower rose where there is no shower enclosure (see Figure 5):

- a) The following materials shall not be used:
  - i) Cork tile or sheet sealed with waterproof applied coatings,
  - ii) Sheet linings finished with vinyl coated wallpaper, or semi-gloss or gloss coating.
- b) Ceramic or stone tile finishes shall be laid on a continuous impervious substrate or membrane. (See Figure 4 (c).)

### 3.3.2 Shower enclosures

Shower floors and bases may be constructed with or without upstands, and where installed for use by people with disabilities shall have level thresholds.

**3.3.3** When enclosures, such as walls, screens, doors or curtains are used they shall be continuous from floor level or top of upstand to 1800 mm minimum above floor level and not less than 300 mm above the shower rose.

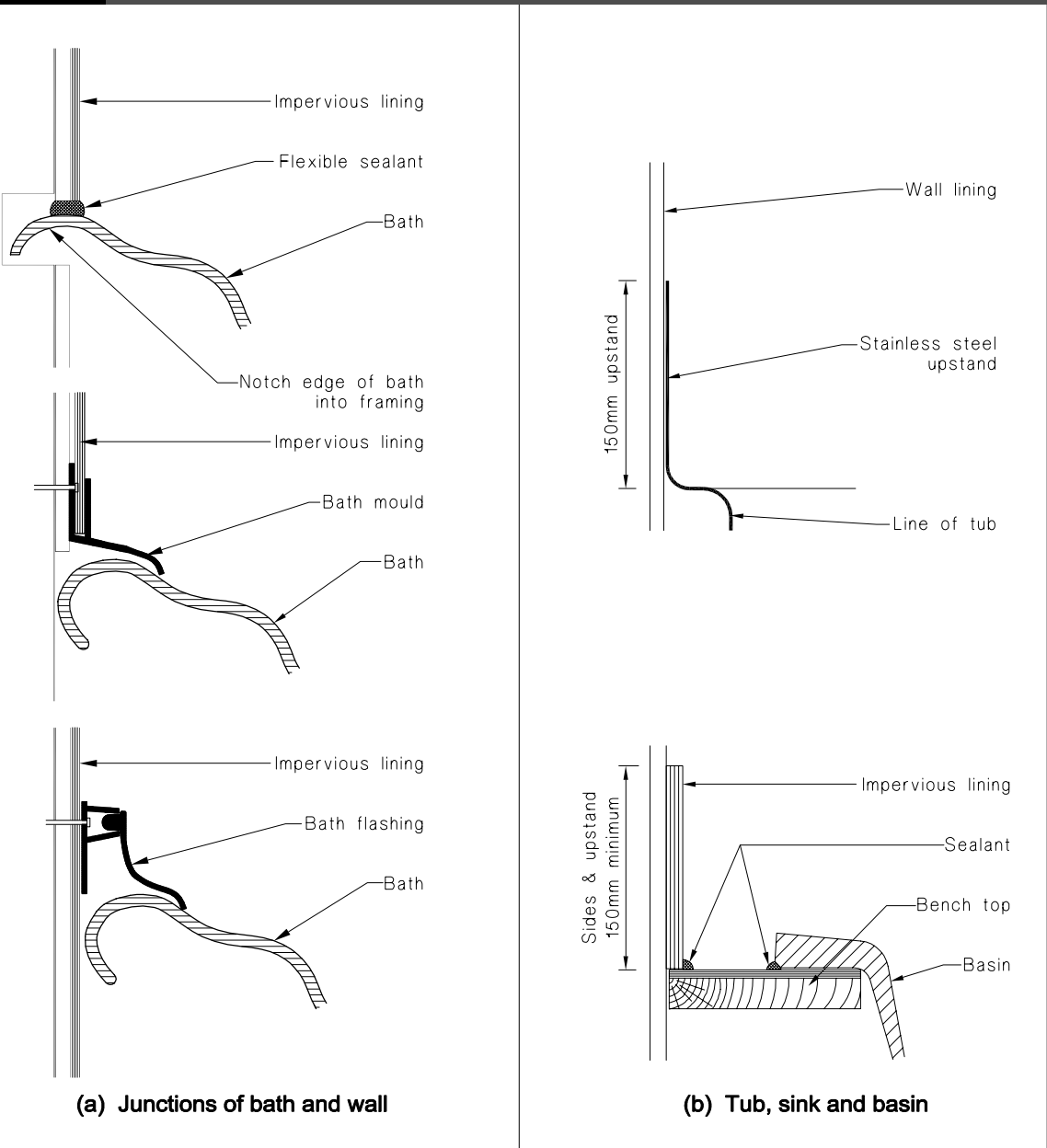
**3.3.4** Where shower trays are used, the junction between tray and wall linings shall be constructed in accordance with Figure 4 (a) or (b).

**3.3.5** Where the shower floor has no upstand or where a wall, screen, door or curtain is omitted, the floor shall have a fall of no less than 1:50 towards the floor waste. The fall shall apply to the floor area within a radius of 1500 mm taken from a point vertically below the shower rose, or from any wall within that radius. (See Figure 5.)

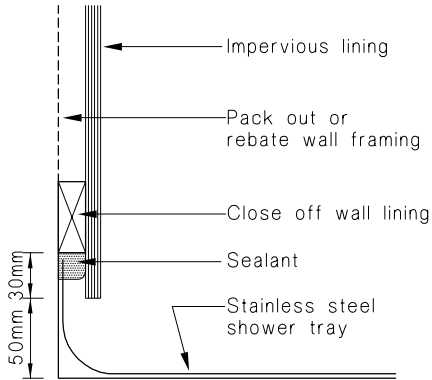
### 3.3.6 Urinals

Impervious wall shall extend horizontally at least 300 mm beyond each side of the urinal and vertically from floor level to a height of 1500 mm.

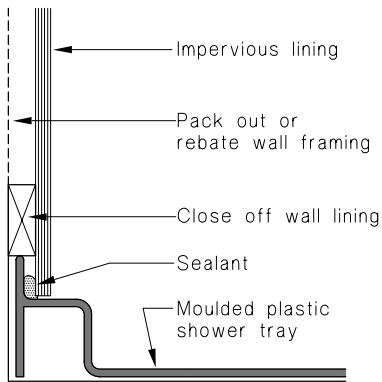
**Figure 3: Baths, Basins, Tubs and Sinks, Joints against Wall Linings**  
Paragraph 3.2.2



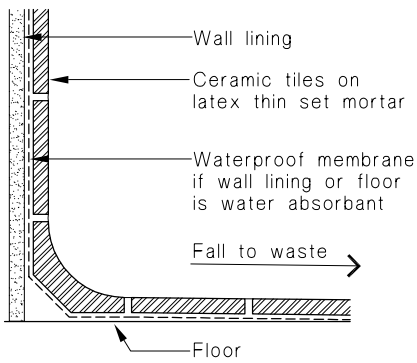
**Figure 4: Shower Trays**  
Paragraphs 3.3.1 and 3.3.3



**(a) Stainless steel shower tray**

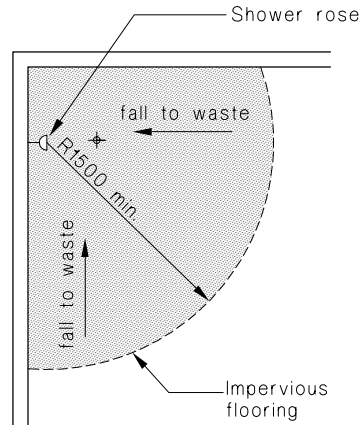


**(b) Moulded plastic shower tray**

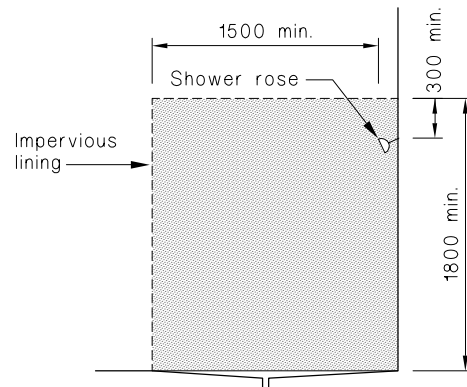


**(c) Tiled shower tray**

**Figure 5: Wall and Floor Coverings to Unenclosed Showers**  
Paragraphs 3.3.1 and 3.3.5



**(a) Plan**



**(b) Section**

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All references to Verification Methods and Acceptable Solutions are preceded by **VM** or **AS** respectively.

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